



ELBOWLIFT®
S U S P E N S I O N P A D



**ELBOWLIFT® SUSPENSION PAD
ELBOW PROTECTOR**

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Instructions for Use **(Note: Review cautions and warnings related to ELBOWLIFT® device before selection and use.**

The ELBOWLIFT® Suspension Pad protects the elbow from pressure ulcers.

Application of the ELBOWLIFT® Suspension Pad:

1. Open up the ELBOWLIFT® Suspension Pad so that the hook-and-loop strap is pulled away from the suspension pad.
2. Place tip of patient's elbow over the centering hole with the foam insert pads aligned under the arm and forearm.
3. Close the strap across the elbow using the hook-and-loop closure.
4. Fit the ELBOWLIFT® so it is not too tight but not too loose by using the Two-Finger Test.

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Indications for Use of ELBOWLIFT® Suspension Pad

- Prevention of pressure injuries.
- Offloading pressure from the elbow.
- Offload pre-existing wound on the elbow.
- Contraindications
 - Fractures
 - Excessive swelling
 - Infection

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Cautions

- The ELBOWLIFT® Suspension Pad should be removed every 6 hours to inspect skin or wound status. In case of improper handling, the function and maximum safety of the product can no longer be guaranteed. This aid is intended for single-patient use only.

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Warnings

- Make sure the ELBOWLIFT® is appropriately applied so elbow is centered over the hole.
- Make sure straps are not too loose or too tight to prevent pressure, shear and friction forces.
- Use under a physician's supervision. Contact physician before applying to the elbow.
- Continue local wound care as prescribed by the attending physician.
- Avoid use of ELBOWLIFT® if allergic to the material.

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Technical Data

| Size | Material | Maintenance | Construction Features |
|---|--|---|---|
| <ul style="list-style-type: none"> • One size fits most. | <ul style="list-style-type: none"> • Suspension Pad: Latex-free polyurethane foam • Hook-and-loop fastener: Nylon • Fabric: Polyester | <ul style="list-style-type: none"> • The product does not require maintenance aside from disinfecting or washing and drying as indicated. • Single patient - Multiple Use | <ul style="list-style-type: none"> • Elbow suspension pad for off-loading the area around the elbow. Fixation of the pad with dorsally thick foam covered strap. |
| Color <ul style="list-style-type: none"> • Beige | | | |

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Cleaning Instructions

- To hand wash: Use mild, non-bleach cleanser and warm water.
- To machine wash and dry: Secure straps and place in net laundry bag or pillowcase and wash in warm water (40 - 60°C/105 -140°F) on gentle cycle and dry on low heat.
- To sanitize: Use an antiseptic wipes or spray.
- Dry completely before re-applying.



**Consult Instructions for Use
Available in Multiple languages at:**

- ES** Consulte las instrucciones de uso; Disponible en varios idiomas en
- DE** Gebrauchsanweisung beachten; Erhältlich in mehreren Sprachen unter
- DA** Se brugsanvisning; Fås på flere sprog på
- FR** Consultez le mode d'emploi; Disponible en plusieurs langues sur
- IT** Consultare le Istruzioni per l'uso; Disponibile in più lingue all'indirizzo
- LT** Žiūrėkite naudojimo instrukciją; Galima įsigyti keliomis kalbomis
- NL** Raadpleeg de gebruiksaanwijzing; Beschikbaar in meerdere talen op
- NO** Se bruksanvisningen; Tilgjengelig på flere språk på
- PL** Zapoznaj się z instrukcją obsługi; Dostępne w wielu językach na stronie
- PT** Consulte as Instruções de Utilização; Disponível em várias línguas em
- PT-B** Consulte as instruções de uso; Disponível em vários idiomas em
- RO** Consultați instrucțiunile de utilizare; Disponibil în mai multe limbi la
- SV** Se bruksanvisningar; Tillgänglig på flera språk på
- SK** Oglejte si navodila za uporabo; Na voljo v več jeziki na
- SL** Prečitajte si návod na použitie; K dispozícii vo viacerých jazykoch na
- TR** Kullanım Talimatlarına başvurun; adresinde birden fazla dilde mevcuttur



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Elbow Protector: GMDN Code 32858

| | |
|------|-----------------------|
| ES | Protector de codo |
| DE | Ellbogenschutz |
| DA | Albuebeskytter |
| FR | Protecteur de coude |
| IT | Protezione del gomito |
| LT | Alkūnės apsauga |
| NL | Elleboogbeschermer |
| NO | Albuebeskytter |
| PL | Ochrona łokcia |
| PT | Protector de cotovelo |
| PT-B | Protetor de cotovelo |
| RO | Protecție pentru cot |
| SV | Armbågsskydd |
| SK | Ochrana lakťov |
| SL | Zaščita komolcev |
| TL | Siko tanggol |

Suspension Pad

| | |
|------|----------------------------|
| ES | Almohadilla de suspensión |
| DE | Federungskissen |
| DA | Ophængningspude |
| FR | Coussinet de suspension |
| IT | Cuscinetto per sospensione |
| LT | Pakabos pagalvėle |
| NL | Ophangkussen |
| NO | Ophengspute |
| PL | Poduszka do zawieszania |
| PT | Almofada de suspensão |
| PT-B | Almofada de suspensão |
| RO | Tampon de suspensie |
| SV | Upphängningsdyna |
| SK | Závesná podložka |
| SL | Blazinica za vzmetenje |
| TL | Sulatan Pagkatigil |
| TR | Süspansiyon pedi |



Single Patient - Multiple Use

| | |
|------|--|
| ES | Un solo paciente - Uso múltiple |
| DE | EinzelnerPatient – Mehrfachanwendbar |
| DA | Enkelt patient - flergangsbrug |
| FR | Un seul patient – à usage multiple |
| IT | Singolo paziente - Uso multiplo |
| LT | Vienas pacientas – daugkartinis naudojimas |
| NL | Eén patiënt - meervoudig gebruik |
| NO | Kun til bruk på én pasient – flergangsbruk |
| PL | Wielokrotne użycie u jednego pacjenta” |
| PT | Paciente Único - várias utilizações |
| PT-B | Paciente único - várias utilizações |
| RO | Pacient unic - Utilizare multiplă |
| SV | En patient – flera användningar |
| SK | Jeden pacient – viacnásobné použitie |
| SL | En bolnik - večkratna uporaba |
| TL | bawat pasyente - ng iba |
| TR | Tek Hasta - Çoklu Kullanım |



Unique Device Identifier

| | |
|------|---|
| ES | Identificación única de producto |
| DE | Eindeutige Gerätekennung |
| DA | Unik enhedsidentifikator |
| FR | Identifiant de dispositif unique |
| IT | Identificatore univoco del dispositivo |
| LT | Unikalus įrenginio identifikatorius |
| NL | Unieke identificatiecode van het hulpmiddel |
| NO | Unik enhetsidentifikator |
| PL | Unikalny identyfikator urządzenia |
| PT | Identificador de dispositivo único |
| PT-B | Identificador de dispositivo único |
| RO | Identificator unic al dispozitivului |
| SV | Unik enhetsidentifierare |
| SK | Unikátny identifikátor pomôcky |
| SL | Edinstveni identifikator pripomočka |
| TL | Tulali banta identifier |
| TR | Benzersiz Cihaz Tanımlayıcı |



Consult Instructions for Use

| | |
|------|--|
| ES | Consultar instrucciones de uso |
| DE | Lesen Sie die Gebrauchsanweisung |
| DA | Se brugsanvisningen |
| FR | Consulter les instructions d'utilisation |
| IT | Consultare le istruzioni per l'uso |
| LT | Pasikonsultuokite naudoti naudojimą instrukcijas |
| NL | Raadpleeg de instructies voor gebruik |
| NO | Kontakt instruksjonene for bruk |
| PL | Skonsultuj się z instrukcjami do użycia |
| PT | Consulte as instruções de uso |
| PT-B | Consulte as instruções de uso |
| RO | Consultați instrucțiunile de utilizare |
| SV | Konsultera bruksanvisningen |
| SK | Konzultujte pokyny na použitie |
| SL | Oglejte si navodila za uporabo |
| TL | Sasangguni tagubilin gamitin |
| TR | Kullanım için talimatlara danışın |



Latex-Free (Not Made with Natural Rubber Latex)

| | |
|------|----------------|
| ES | Sin látex |
| DE | Latexfrei |
| DA | Latex fri |
| FR | Sans latex |
| IT | Senza latex |
| LT | Be latekso |
| NL | Latex vrij |
| NO | Uten latex |
| PL | Bez lateksu |
| PT | Sem Látex |
| PT-B | Sem látex |
| RO | Fără latex |
| SV | Latex fri |
| SK | Bez latexu |
| SL | Brez lateksa |
| TL | Walang Latex |
| TR | Lateks içermez |

MD Medical Device

| | |
|------|------------------------|
| ES | Producto sanitario |
| DE | Medizinprodukt |
| DA | Medicinsk udstyr |
| FR | Dispositif médical |
| IT | Dispositivo medico |
| LT | Medicinos priemonė |
| NL | Medisch hulpmiddel |
| NO | Medisinsk utstyr |
| PL | Wyrób medyczny |
| PT | Dispositivo médico |
| PT-B | Dispositivo médico |
| RO | Dispozitiv medical |
| SV | Medicinteknisk produkt |
| SK | Zdravotnícka pomôcka |
| SL | Medicinski pripomoček |
| TL | Gamit Medikal |
| TR | Tıbbi cihaz |

**Importer**

| | |
|------|---------------|
| ES | Importador |
| DE | Importeur |
| DA | Importør |
| FR | Importateur |
| IT | Importatore |
| LT | Importuotojas |
| NL | Importeur |
| NO | Importør |
| PL | Importer |
| PT | Importador |
| PT-B | Importador |
| RO | Importator |
| SV | Importör |
| SK | Dovozca |
| SL | Uvoznik |
| TL | Mang-aangkat |
| TR | İthalatçı |

**Keep Dry and Away from Direct Sunlight**

| | |
|------|--|
| ES | Manténgase seco y alejado de la luz solar directa |
| DE | Trocken lagern und vor direkter Sonneneinstrahlung schützen |
| DA | Hold dig tør og væk fra direkte sollys |
| FR | Garder sèche et loin de la lumière directe du soleil |
| IT | Mantieniti asciutto e lontano dalla luce solare diretta |
| LT | Laikykite sausas ir toli nuo tiesioginių saulės spindulių |
| NL | Droog en uit de buurt van direct zonlicht houden |
| NO | Hold deg tørr og vekk fra direkte sollys |
| PL | Przechowywać w suchym miejscu i z dala od bezpośredniego światła słonecznego |
| PT | Mantenha seco e longe da luz solar direta |
| PT-B | Manter seco e afastado da luz direta do sol |
| RO | Păstrați uscare și departe de lumina directă a soarelui |
| SV | Håll torr och bort från direkt solljus |
| SK | Uchovávať v suchu a mimo dosahu priameho slnečného svetla |
| SL | Hranite suho in stran od neposredne sončne svetlobe |
| TL | At ang tuyong ang magtuturo sa sunlight |
| TR | Kuru ve doğrudan güneş ışığından uzak durun |

LANGUAGES INDEX

| | |
|------|---|
| ES | Spanish; ESPAÑOL |
| DE | German; DEUTSCH |
| DA | Danish; DANSK |
| FR | French; FRANÇAIS |
| IT | Italian; ITALIANO |
| LT | Lithuanian; LIETUVŲ KALBA |
| NL | Dutch |
| NO | Norwegian; NORSK |
| PL | Polish; POLSKI |
| PT | Portuguese; PORTUGUÊS (Portugal) |
| PT-B | Portuguese – Brazil; PORTUGUÊS – Brazil |
| RO | Romanian; ROMÂNĂ |
| SV | Swedish; SVENSKA |
| SK | Slovak; SLOVENSKÝ JAZYK (Slovenčina) |
| SL | Slovenian; SLOVENŠČINA |
| TL | Tagalog |
| TR | Turkish; TÜRKÇE |



Do Not Use Bleach

| | |
|------|-------------------------------|
| ES | No utilice lejía |
| DE | Kein Bleichmittel verwenden |
| DA | Brug ikke blegemiddel |
| FR | N'utilisez pas d'eau de Javel |
| IT | Non utilizzare la candeggina |
| LT | Nenaudokite baliklių |
| NL | Gebruik geen bleekmiddel |
| NO | Ikke bruk blekemiddel |
| PL | Nie używać wybielaczy |
| PT | Não usar lixívia |
| PT-B | Não usar lixívia |
| RO | Nu folosiți înălbitor |
| SV | Använd inte blekmedel |
| SK | Nepoužívajte bielidlo |
| SL | Ne uporabljajte belila |
| TL | |
| TR | Çamaşır suyu kullanmayın |



Caution or Warning

| | |
|------|-----------------------------|
| ES | Precaución o advertencia |
| DE | Vorsicht oder Warnung |
| DA | Forsigtighed eller advarsel |
| FR | Attention ou Avertissement |
| IT | Attenzione o avvertimento |
| LT | Įspėjimas arba įspėjimas |
| NL | Voorzichtig of waarschuwing |
| NO | Forsiktig eller advarsel |
| PL | Uwaga lub ostrzeżenie |
| PT | Cuidado ou Advertência |
| PT-B | Cuidado ou Advertência |
| RO | Atenție sau avertisment |
| SV | Försiktighet eller varning |
| SK | Upozornenie alebo výstraha |
| SL | Previdnost ali opozorilo |
| TL | |
| TR | Dikkat veya Uyarı |



Date of Manufacture

| | |
|------|-----------------------|
| ES | Fecha de fabricación |
| DE | Datum der Herstellung |
| DA | Fremstillingsdato |
| FR | Date de fabrication |
| IT | Data di produzione |
| LT | Pagaminimo data |
| NL | Productiedatum |
| NO | Produksjonsdato |
| PL | Data produkcji |
| PT | Data de fabrico |
| PT-B | Data de fabricação |
| RO | Data de fabricație |
| SV | Tillverkningsdatum |
| SK | Dátum výroby |
| SL | Datum izdelave |
| TL | |
| TR | Üretim tarihi |