



Health Solutions

ELBOWLIFT[®]
S U S P E N S I O N P A D



ELBOWLIFT[®] SUSPENSION PAD
ELBOW PROTECTOR



1

Instructions for Use **(Note: Review cautions and warnings related to ELBOWLIFT® device before selection and use.**

The ELBOWLIFT® Suspension Pad protects the elbow from pressure ulcers.

Application of the ELBOWLIFT® Suspension Pad:

1. Open up the ELBOWLIFT® Suspension Pad so that the hook-and-loop strap is pulled away from the suspension pad.
2. Place tip of patient's elbow over the centering hole with the foam insert pads aligned under the arm and forearm.
3. Close the strap across the elbow using the hook-and-loop closure.
4. Fit the ELBOWLIFT® so it is not too tight but not too loose by using the Two-Finger Test.

2

Indications for Use of ELBOWLIFT® Suspension Pad

- Prevention of pressure injuries.
- Offloading pressure from the elbow.
- Offload pre-existing wound on the elbow.

- Contraindications
 - Fractures
 - Excessive swelling
 - Infection

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Cautions

- The ELBOWLIFT® Suspension Pad should be removed every 6 hours to inspect skin or wound status. In case of improper handling, the function and maximum safety of the product can no longer be guaranteed. This aid is intended for single-patient use only.

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Warnings

- Make sure the ELBOWLIFT® is appropriately applied so elbow is centered over the hole.
- Make sure straps are not too loose or too tight to prevent pressure, shear and friction forces.
- Use under a physician's supervision. Contact physician before applying to the elbow.
- Continue local wound care as prescribed by the attending physician.
- Avoid use of ELBOWLIFT® if allergic to the material.

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Technical Data

Size	Material	Maintenance	Construction Features
<ul style="list-style-type: none">• One size fits most.	<ul style="list-style-type: none">• Suspension Pad: Latex-free polyurethane foam• Hook-and-loop fastener: Nylon• Fabric: Polyester	<ul style="list-style-type: none">• The product does not require maintenance aside from disinfecting or washing and drying as indicated. Single patient - Limited Multiple Use.	<ul style="list-style-type: none">• Elbow suspension pad for off-loading the area around the elbow. Fixation of the pad with dorsally thick foam covered strap.
Color <ul style="list-style-type: none">• Beige			

6

Cleaning Instructions

- To hand wash: Use mild, non-bleach cleanser and warm water.
- To machine wash and dry: Secure straps and place in net laundry bag or pillowcase and wash in warm water (40°C/105°F) on gentle cycle and dry on low heat.
- To sanitize: Use an antiseptic wipes or spray.
- Dry completely before re-applying.



Consult Instructions for Use



EN-English

DK-Danish

DE-German

NL-Dutch

FR-French

IT-Italian

LT-Lithuanian

PT-Portuguese

NO-Norwegian

PL-Poland

SK-Slovak

SE-Swedish

TR-Turkish

RO-Romanian



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Heel Protector

ES	Protector de talón
DE	Fersenschutz
DK	Haelbeskytter
FR	Protecteur de talon
IT	Protezione del tallone
LT	Kulno gynėjas
NL	Hielbeschermer
NO	Haelbeskytter
PL	Ochraniacz pięty
PT	Protetor de calcanhar
RO	Protector pentru toc
SE	Hälskydd
SK	Chráníč päty
TR	Cok koruyucu

Suspension Boot

ES	Bota de suspension
DE	Aufhängungsstiefel
DK	Affjedring støvle
FR	Botte de suspension
IT	stivale di sospensione
LT	Pakabos bagažinė
NL	verende laars
NO	fjæring støvel
PL	bagażnik zawieszania
PT	Bota de Suspensão
RO	Cizmă suspendată
SE	upphängnings stövel
SK	Zavesenie topánok
TR	süspansiyonlu çizme

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Single Patient - Multiple Use

ES	Uso múltiple de un solo paciente
DE	Mehrfachverwendung bei einem Patienten
DK	Enkelt patient flere gange
FR	Patient unique à usage multiple
IT	Uso multiplo del paziente singolo
LT	Daugkartinis naudojimas vienam pacientui
NL	Meervoudig gebruik bij één patiënt
NO	Enkeltpatient flere ganger
PL	Pojedynczy pacjent wielokrotnie
PT	Uso múltiplo de paciente único
RO	Utilizare multiplă a unui singur pacient
SE	Enda patient flera gånger
SK	Viacnásobné použitie pre jedného pacienta
TR	Tek Hasta Çoklu Kullanım



Consult Instructions for Use

ES	Consultar instrucciones de uso
DE	Konsultieren Sie die Gebrauchsanweisung lesen
DK	Se brugsanvisningen
FR	Consulter les instructions d'utilisation
IT	Consultare le istruzioni per l'uso
LT	Pasikonsultuokite naudoti naudojimą instrukcijas
NL	Raadpleeg de instructies voor gebruik
NO	Kontakt instruksjonene for bruk
PL	Skonsultuj się z instrukcjami do użycia
PT	Consulte as instruções de uso
RO	Consultați instrucțiunile de utilizare
SE	Konsultera bruksanvisningen
SK	Konzultujte pokyny na použitie
TR	Kullanım için talimatlara danışın



Medical Device

ES	Dispositivo médico
DE	Medizinisches Gerät Medizinprodukt
DK	Medicinsk udstyr
FR	Dispositif médical
IT	Dispositivo medico
LT	Medicininis prietaisas
NL	Medisch apparaat
NO	Medisinsk enhet
PL	Urządzenie medyczne
PT	Aparelho medico
RO	Aparat medical
SE	Medicinsk utrustning
SK	Zdravotnícke zariadenie zdravotnícky prístroj
TR	Tıbbi cihaz



Latex-Free

ES	Sin látex
DE	Latexfrei
DK	Latex fri
FR	Sans latex
IT	Senza latex
LT	Be latekso
NL	Latex vrij
NO	Uten latex
PL	Bez lateksu
PT	Látex grátis
RO	Fără latex
SE	Latex fri
SK	Bez latexu
TR	Lateks içermez



Unique Device Indicator

ES	Identificador de dispositivo único
DE	Eindeutige Gerätekennung
DK	Unikt enheds Identifikator
FR	Identifiant unique de l'appareil
IT	Identificatore univoco del dispositivo
LT	Unikalus įrenginio identifikatorius
NL	Unieke apparaatindicator
NO	Unik enhetsidentifikator
PL	Unikalny identyfikator urządzenia
PT	Identificador Único de Dispositivo
RO	Identificator unic de dispozitiv
SE	Unik enhetsidentifierare
SK	Jedinečný identifikátor zariadenia
TR	Benzersiz Cihaz Tanımlayıcı



Keep Dry and Away from Direct Sunlight

ES	Manténgase seco y alejado de la luz solar directa
DE	Trocken und vor direkter Sonneneinstrahlung schützen
DK	Hold dig tør og væk fra direkte sollys
FR	Garder sèche et loin de la lumière directe du soleil
IT	Mantieniti asciutto e lontano dalla luce solare diretta
LT	Laikykite sausas ir toli nuo tiesioginių saulės spindulių
NL	Droog en uit de buurt van direct zonlicht houden
NO	Hold deg tørr og vekk fra direkte sollys
PL	Przechowywać w suchym miejscu i z dala od bezpośredniego światła słonecznego
PT	Mantenha-se seco e longe da luz solar direta
RO	Păstrați uscare și departe de lumina directă a soarelui
SE	Håll torr och bort från direkt solljus
SK	Uchovávať v suchu a mimo dosahu priameho slnečného svetla
TR	Kuru ve doğrudan güneş ışığından uzak durun